Relieving Principal’s Message

They say time flies when you are having fun...well Kingsgrove North High School must have been a fun place this term. It is hard to believe that we are at the half way mark for 2014. Staff and students have been extremely busy with Athletics Carnivals, NAPLAN, excursions, incursions, drama performances, a Science and Engineering challenge, vaccinations, National Sorry Day, Year 12 History workshops and the ongoing Year 9 Compass Values program, Wednesday morning Fusion workshops, Thursday afternoon Homework Club, Friday Morning Breakfast Club and a myriad of other activities that you can read about in the following pages. At the same time all this was going on there was also a great deal of effective teaching and learning taking place.

Saturday School Development Day

On Saturday 31st May nearly all staff attended a series of workshops addressing learning and language disabilities in adolescence. The staff attending were all trained in the use of the CELF (Clinical Evaluation of Language Fundamentals) screener which is an excellent diagnostic tool to identify language disabilities. The workshops were an integral part of our Literacy National Partnerships Program. One of the presenters on the day was a professional speech pathologist and she will be joining out staff each Monday for the remainder of the year (also part of our National Partnerships Program. She will be working closely with teachers and identified students in further professionally developing effective teaching strategies from her professional perspective. A very interesting initiative.

Tree Audit

This term we also had a tree audit where the DEC (Department of Education & Communities) organised a professional arborist to prepare a report on the health and safety of trees in our playground. The end result was three trees that had to be removed and a number that had to be trimmed. This has led to some areas of the playground being fenced off for safety reasons until the trees can be removed.

Three Year Plan

The DEC has a requirement that schools write a three year plan outlining school directions and intentions for 2015-8. Staff, students and the parent community will be involved in the consultation. The staff have had some initial discussions and the three year plan will be part of our School Development Day, Term 3. If you visit our website early Term 3 you will find the opportunity to participate in this planning phase early in Term 3.

Winter Uniform – School Uniform / Sports Uniform

Yes it gets cold. Yes kids should be rugged up against the winter winds. Yes it may not seem fair to take away a warm jumper on a cold day BUT we are a uniform school and the Enrolment Agreement that all students and parents signed did say that students would wear CORRECT school uniform. (See uniform guidelines later in this bulletin) The reason we ask students to wear black leather enclosed shoes is much, much more about safety in practical classes than it is about fashion. Growing adolescents need shoes that support and protect that growth and school shoes have that covered in their design. We have also directed students to wear their sports uniform on Wednesday and also have it for PDHPE and PASS classes. I hope parents understand and accept that there will be consequences for students who continue to flaunt their uniform guidelines. (detentions / community service). On the odd occasion that students have a genuine reason for not being in uniform, parents are asked to write a short note to indicate that they are aware of their child’s “non-uniform status”. One would hope that this would not become an “ongoing status”. Students have raise some issues with the sports shorts and this will be addressed by the SRC.

If there exists any reasons why your child cannot comply with their agreed dress code please contact me via the front office for an interview.

On a final note to those members of our school community who will be observing Ramadan. May it be a powerful time of faith and reflection. Ramadan mabarak.

Enjoy the school break and here is to a happy, safe holiday for all members of our student, staff and parent community

Regards
Mr Ffrench

Relieving Principal
On May 6th, the students of Kingsgrove North High School year 10 Food Technology went on an excursion to the Centre Point Tower. We had a private tour through the basement of the tower where we learnt about where the food is first imported and where it is initially prepared. We learnt about food hygiene and some preparation techniques used by the chefs as well as how they organised the kitchens. This was a unique and very exciting as well as educating experience for us. It was surprising that the food production did not actually start in the actual tower but under it.

We then went up the actual Centre Point Tower. The lift experience was quite interesting as our ears kept on popping and we could see the flashing lights from outside as our lift soared up the elevator shaft. It was especially fun because we could see the people on the upper deck of our lift through a display above the lift doors, it was fun waving at them as such. This was one of the many facts we learned about the tower, being that the lifts had 2 decks that went up simultaneously.

Once we got up to the tower, we first visited the 360 Fine Dining Restaurant where the majority of us were shaking in our boots about the height but we quickly got over it (except for Richard...). There we learnt that the tower stood at 309 metres tall and that the glass was cleaned from the exterior by an automated machine dubbed Charlie. We learnt about many aspects about the history about Centre Point Tower and current facts as well.

We then proceeded up the stairs to enter the 360 Buffet in which we would be eating our lunch. Before we got started with that, we did walk about the floor just to get a glimpse at what was in store for us. Before you knew it, the moving floors which allow for the diner to get a 360 view of the city (hence the name 360) were turned on and we were at our seats anxious to get started. It did feel slightly off because once you got up to get food and turned around, you literally could not find your seat until you realised it has just moved to the other side of the floor. That made the dining experience very interesting as you were either trying to find your food or trying to find where your seat has moved to.

The food there was brilliant; they were excellently prepared and offered a variety of mouth-watering foods. Some were quite interesting as it is not every day that you get the courtesy to try emu or crocodile. After we had stuffed ourselves we decided to try some dessert. It goes without saying that just by the look of the desserts; it was going to taste delicious. We were all over the section trying to grab a piece of every dessert that was offered to us. It was something we looked forward to since when we first saw the desserts that were going to be sold.

We all had a brilliant time at 360, the staff there were all so nice and caring that we could not show our appreciation enough. The view was amazing and it really was a time worth remembering.
The Easter Show Excursion

The Easter Show was one of the best experiences ever! It was a tasty, fun and exciting day where we watched a chocolate presentation and got to taste the different varieties of chocolate. At the presentation we learnt what to look for in good quality chocolates. We also tasted cheese. At the cheese tasting, we had to wear hair nets and sanitise our hands. To taste the cheese we had to go through certain steps like, blocking our nose whilst tasting the cheese to identify the textures. After that, we unblocked your nose... revealing a bang of delicious flavours!

Afterwards, we got to enjoy the spectacular rides, both scary and exhilarant. We also took a look at all the show bags and anyone who wished to buy some could do so. Overall, this was a remarkable experience that we will never forget!

By:
Diala Lebde and Diandra Dias
Students in Yr 10 Food Technology were lucky enough to participate in an in class ‘Cake Toppers Workshop’ with Professional Chef Handi Mulyana, proprietor of Handi Cakes during Term 2. He has been a guest judge from ‘Masterchef Indonesia’ and a guest chef on Masterchef Australia: series 1 and 2.

Yr 10 Food Technology students were so excited and waited for this workshop with great anticipation. The workshop proved to be as exciting as they thought it was going to be and they were so proud of their achievements.

Students in Yr 8 who studied Technology Mandatory - Food Around the World in semester one, participated in a Chocolate Workshop with Professional Chocolatier Marc Pierard the proprietor of KIKI & KUKU. Students had chocolate grins from ear to ear and sticky fingers, as they learnt basic techniques used in the production of handmade chocolates. They also learnt how chocolate was made.
Year 11 Focus Group
On the Fridays of the 16th, 23rd and 30th of May, eight year 11 girls went to the Focus Program with the aim of expanding their leadership skills. This program was instrumental in helping us to grow as leaders in the community. We worked on different aspects of what it means to be leaders such as teamwork, management approaches and dealing with our strengths and weaknesses. The mentors we met were extremely helpful and were able to aid us in our journey to becoming better leaders by providing insights to what it meant to be a female leader in the workforce. We, Patricia Berzabal, Sokeina Farhat, Chalisa Harta, Norma Lebde, Lucia Rowe, Desiree Sarlas, Moksha Shah, and Lucy Xing extend our heartfelt thanks to all the mentors and coordinators who helped make this program possible. Special thanks to Ms Bilali for continuous her help and support.
Patricia Berzabal
SRC Leader 2014

Yr 11 Biology Excursion to Homebush Bay
On Thursday 19th June, all of Year 11 Biology went on a field trip to Homebush Bay. The bus left at 8.15 with 49 excited and enthusiastic biologists. Students got the opportunity to use a variety of field equipment including data loggers, salinity meters, light intensity meters and other items to fully understand and study the environment. They trekked through the mangroves studying their adaptions and the adaptions of animals that live in the mangroves. They diligently conducted transects and quadrats in different areas. They all worked outstandingly well, developing many skills. It was a memorable for all involved. I would like to congratulate our yr11 biology students for their wonderful behaviour and positive attitude on the day. I would definitely take them on another field study.

Ms S Bilali
The excursion to the Giants was amazing! We got to do so many things...
It was a really fun, tasty and exciting day where we got to look around the Giants home ground and also cook food!
Firstly when we got there and we were shown around. We saw the gym where the Giants’ players get fit and prac-
tice, we also looked at their change rooms, their recovering pools, computer area, field and also their kitchen!
After this, we were shown a video of one of the players as he guided us through what we had to do.
When we finished watching the video it was time to go shopping! We were given a $15 voucher to buy the ingredi-
ents we needed to cook the healthiest, most delicious dish out of all the teams.
When we finished shopping we went back to the Giants and we cooked the best dish we could and after this it was
time for judging! We had to give out food to a judge and he would score us out of 10!
Overall this excursion was amazing and we score it 10 out of 10!!!
By: Diala & Diandra
(Yr 9 Food Technology)
News from the Library

General News
Term 2 is always hectic. Students have completed assignments on Ancient Egypt, Newton’s Laws, ancient personalities, disasters and tourist destinations. This week Years 7, 8 and 9 have been studying for tests in English and Maths while seniors use their study periods to catch up on homework, prepare study notes and relax with their friends.
The Library now has an Instagram feed where we post photos of new books, old books and news. We hope to teach students not only about our Library but about the educational value of social media. Our username is knhslibrary.

Book Week 2014
This year’s theme is “Connect to Reading Reading to Connect”. We are asking teachers, students and parents to recommend books they would like others to read. The Books will be available soon.

Rewards for reading

Roll Call Reading
Students in years 7, 8 and 9 are expected to read during roll call. They have been issued with log sheets which the teacher signs each day the student reads. The Library will issue an achievement card for every 10 signatures.

Book Reviews
Students in all years are eligible to complete book reviews. An achievement card will be issued for every 2 book reviews completed. Book review forms can be collected from the circulation desk. Ask for one when you borrow a book.

Ms Conidaris & Ms Parker

FROM YOUR SRC
On Wednesday 11/6/14 when sport was cancelled we gathered as a group to discuss our favourite topic, our school! We emailed Mr Ffrench our issues/concerns and wanted to share with you our positive thoughts about our school.
We feel our school has:
• A wonderful multi-cultural student body, good teachers, good anti-bullying system, a great range of sporting opportunities.
• There are a range of subject electives capturing our interests, good facilities including a well-stocked library, wide range of books and computers, school diaries and a useful homework centre where we can get help from our experienced teachers with homework, assignments and exams.
• New recycling bins that allow us to make better choices with our waste, a new vegetable garden that will provide fresh produce for our kitchens, and mirrors in the hall, where we can see ourselves!
In our concluding activity, we finished the sentence....
When I come to school I feel
- excited to learn
- Excited to see my friends and socialise
- Safe to learn
- Enthusiastic for a day of learning
- Ready for a day of new experiences and memories
- Determined to do well
- Prepared for new things
- Happy to use facilities like the computers and the library.

What are your positive thoughts about our school?
Can you finish the sentence: When I come to school I feel…….
You can share your thoughts with your fellow SRC leaders and maybe in the next newsletter your thoughts will be published!
From Year 8, 9 and 10 Leaders; Ali Choukair, Ali Mitwary, Vy Truong, Jennifer Vo, Charlotte Camer, William Kwok, Sang Luu, Ebaa sawalha, Ali Youssef, Kiarna Gray, Jenney Le, Haley Sawalha, Monica seak, Maenie Singbubpha.
KNHS Organic Garden Update

Last week on Wednesday afternoon the Teachers Sustainability Network meeting was hosted at our school for local teachers of Primary and High Schools within the City of Canterbury Council LGA. Our guest speaker was Jasmine Payget who is The Community Engagement and Education Coordinator from the Cooks River Alliance. Ms Payget is developing a new Water Catchments model of the Cooks River to be provided to teachers and educators in our area to support curriculum teaching and learning strategies in our classrooms. Ms Payget brought with her the current model for the Blue Mountains Catchment area for display and a demonstration of how it works. During the meeting the visiting teachers also had an opportunity to exchange ideas about sustainable practices within a school learning environment and how we can best support this through providing extra-curricular activities to our students in each of our schools. We visited the school Organic Vegetable Garden and an exchange of ideas occurred for future planning. Thank you to all the visiting teachers, Ms Payget for attending and also a big thank you to Emma Howcroft our Environmental Policy Officer from City of Canterbury Council for facilitating our meetings each term. More garden updates coming soon!

Mrs G Lathouras
KNHS Hospitality/TAS Teacher & CC Chef

Year 10 Geography Fieldtrip to Rouse Hill Water Recycling Plant

At the end of Term 1, Year 10 students took part in a fieldtrip to this water recycling plant as part of the Waste Management topic. Yes, it was a bit of a smelly affair, but students were really interested in seeing what happens with our household wastewater. Anyway, it was an assessment task – so they had to go. The other draw card was that they got to wear those very flattering high visibility vests – some students somehow managed to turn them into fashion statements – it wasn’t easy, but they tried!

At the education centre, Year 10 participated in practical activities to determine what can go down the toilet drain – did you know that tissues and facial wipes are a no-no? They just don’t break down easily in the water treatment process. They also observed a fantastic model of the urban water cycle. Students then took a tour of the site, observing the different stages of treatment, before the water could be recycled for various non-drinking uses. They were surprised to learn that by 2015, water recycling will provide 12% of Sydney’s water needs – 70 billion litres of water a year – that’s a lot of water!

After the tour, we travelled in our luxury coach to the local fast food centre for lunch – what’s an excursion without a stop at McDonalds or Hungry Jacks? It was here that Year 10 boys displayed their huge appetites – many, many, many burgers were consumed, not to mention fries and ice-creams – no wonder they were so quiet on the way back to school.

Well done to all the students – their behaviour and attitude was very pleasing.
Mrs Tsitsos
HSIE Faculty
PDHPE Year 7 Excursion

On the 10th of April, Year 7 students went Narrabeen (Sydney Academy of Sport and Recreation) for a PDHPE excursion. Everyone was really excited for the day and we couldn’t wait to do all the activities. There were many activities that we did including high ropes, flying fox, archery and teamwork activities. Unfortunately we couldn’t do all activities because it started to rain.

We really enjoyed high ropes the best. It was a challenge but in the end we all completed it. At first we were really scared to do it but then we were excited as we saw all my friends do it. Everyone accomplished the high ropes and really enjoyed the day. Archery was also really fun. We all learnt how to hold a bow and arrow and then we shot the target. It wasn’t a competitive game it was just for fun. The last thing we did to finish the day off was teamwork games. This included ball games and games, activities where we had to use ropes, survive a maze blindfolded and many other exciting tasks.

Overall we all had fun and really enjoyed ourselves and it was a good experience. We would love to go there again sometime. Thankyou to Mr Rozario, Mr Beyeler, Ms Saad, Mr D’Addona, Ms Hammoud and Mr Spero taking us on this fun excursion.

Written by Sarah M & Samantha P.

Sports Report
2014 Term 2

KNHS have continued 2014 in a successful way. Once again we must thank the staff, students and parents for their involvement and support of all areas of sport at KNHS. Without everyone’s efforts this great success would not be possible. Keep the ‘Winning Wednesday’ attitude everyday!

St George Zone Cross Country Carnival

KNHS had one of the most successful years at the 2014 St George Zone Cross Country Carnival. Well done to all students competed and represented our school with honor. Congratulations to the following students who have been selected into the St George Zone Cross Country team:

Shaun Hewitt
Kosta Tsiros
Anna Ta

We wish you all the best in your cross country races at the Sydney East Carnival.
Kingsgrove North High School
Athletics Carnival

On the 16th of May, the KNHS athletics carnival took place. It was great to see all the students participating in the events and wearing their colours. The year 12 outfits were outstanding this year and it was a great way to end their last sports carnival for 2014.

It was great to see everyone having a blast and displaying great sportsmanship throughout the day.

We would like to thank everyone for coming and making it a memorable and fun day.

Congratulations to everyone who made the zone athletics carnival, best of luck and do our school proud.

Solomon Cates and Fatima Mansour
2014 KNHS Sports Captains

Congratulations to the following students are KNHS Athletics age champions of 2014.

<table>
<thead>
<tr>
<th>Age</th>
<th>Girls Champion</th>
<th>Boys Champion</th>
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</thead>
<tbody>
<tr>
<td>12 yrs</td>
<td>Alma Robb</td>
<td>Zaiah Kairua</td>
</tr>
<tr>
<td>13 yrs</td>
<td>Lira Mccarthy</td>
<td>Harry Tsiros</td>
</tr>
<tr>
<td>14 yrs</td>
<td>Letisha Yeboah</td>
<td>Steven Li</td>
</tr>
<tr>
<td></td>
<td>Malia Mateni</td>
<td></td>
</tr>
<tr>
<td>15 yrs</td>
<td>Ebaa Sawalha</td>
<td>Gavin Bardossi</td>
</tr>
<tr>
<td>16 yrs</td>
<td>Meanie Singbubpha</td>
<td>Kosta Tsiros</td>
</tr>
<tr>
<td>17+ yrs</td>
<td>Esta Fatai</td>
<td>Alex Flanagan</td>
</tr>
</tbody>
</table>

WINNING HOUSE COLOUR – FREEMAN (BLUE)

Sydney East Cross Country Carnival

Once again this year KNHS had three students who represented the St George Zone at the Sydney East Cross Country Carnival Congratulations. Congratulations to the following students who displayed a fantastic effort to make it to this level of competition.

Shaun Hewitt (Year 11)
Kosta Tsiros (Year 10)
Anna Ta (Year 9)

St George Secondary Schools Athletics Carnival

On Monday the 23rd of June and Tuesday the 24th of June, the KNHS Athletics team competed at the St George Zone Athletics Carnival. Although we are still waiting for results to be finalised we have been able to confirm that at least 10 students placed in the top 3 of their chosen events and will be continuing on to represent the St George Zone at our regional carnival mid next term. Congratulations to all the students who participated and demonstrated the KNHS spirit we have. I look forward to receiving all the results and acknowledging all students at our next school assembly.
Year 11 Crossroads Camp
Term 2

On Monday the 2nd of June 87 of year 11 students set on a journey to Morisset for the 2015 KNHS Crossroads Camp. The camp provided opportunities for all students to develop social skills and independence, challenge themselves and enjoy the benefits of an active lifestyle as well as learning about the Crossroads course.

The experience of camp allowed students to develop through experiential learning with a wide variety of activities which many students would not usually have the opportunity to participate in eg kayaking, high ropes course and mud world (all pictured). The qualified staff at Morisset tailored sessions that facilitated with a specific purpose ranging from participation, competition, skill acquisition, education and development. At the end of camp our students developed life skills through small group learning and discussion and outdoor activities. Themes include taking responsibility, setting goals and priorities, teamwork, cooperation and effective communication.

All students enjoyed their experience thoroughly and found it a very rewarding, team building experience. Congratulations all students who “SURVIVED” the camp

Mr Rozario
Crossroads Camp Co-ordinator.
Year 8 Excursion to SKYZONE
On Thursday the 19th of June 2014 Year 8 went on an excursion to Sky Zone Alexandria. Sky zone is massive place filled with trampolines where the whole of year 8 jumped around for 2 hours and had an awesome time; they all learnt how to do flips and turns and enjoyed themselves with fabulous PE teachers. There were many fun activities that the year 8’s could try such as playing dodge ball, basketball, a massive foam pit and trampolines that were placed all around the students so that they could jump off the walls. Year 8 would like to thank the PE teachers for organising such a great fun filled excursion.
Ms Saad, PDHPE Teacher
Absentee information

When children miss out on school they miss out on vital information, their learning routine is broken, they can lose confidence and they miss out on building up friendships.

If your child has to be absent from school for any reason, including arriving late or leaving early, please either tell your child’s teacher or the administrative assistant at the school, or explain the reason by phone, email, SMS or written note as soon as possible, or within seven days.

Once children are enrolled parents are legally required to send them to school every day that the school is open for instruction or participation in school activities, such as sports days. A small number of absences may be justified if your child:

- has an unavoidable medical or dental appointment (preferably these should be made after school or during holidays)
- has to go to special religious ceremony
- is required to attend a serious and/or urgent family situation (e.g. a funeral)
- is too sick to go to school, or has an infectious illness.

Failure to explain an absence within this time will be recorded as an unjustified absence on a student’s record. Schools will inform parents if a student is absent from school without explanation.

KNHS SECOND HAND UNIFORM SHOP PRICE LIST

Below is a price list of available pre loved clothing. All clothing available has been donated by the students and parents of Kingsgrove North High school.

All garments have been washed and ironed. They can be purchased from the second hand uniform shop located next to DF7.

Students can see Ms Papadopoulos near DF7 every Monday and Tuesday at recess.

JUNIOR SCHOOL UNIFORM

<table>
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<td>SCHOOL PANTS</td>
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</tr>
<tr>
<td>JUNIOR SCHOOL SKIRT</td>
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<tr>
<td>JUNIOR SCHOOL SHORTS</td>
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<tr>
<td>SCHOOL JUMPER</td>
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SPORTS UNIFORM

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</tr>
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<td>SCHOOL JACKET</td>
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SENIOR SCHOOL UNIFORM

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<td>SCHOOL SKIRT</td>
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<tr>
<td>SCHOOL PANTS</td>
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</tr>
<tr>
<td>SENIOR PANTS</td>
<td>$5</td>
</tr>
<tr>
<td>PLAIN SHIRTS</td>
<td>$5</td>
</tr>
</tbody>
</table>

Term 2 Uniform and lateness

Two of our target areas for Term 2 will be students who are persistently late for school and students who do not follow our school uniform guidelines. Students who fit into these categories will be looking at after school detentions once they have been given an initial warning. When students are enrolled they all sign an agreement that they will comply with the school rules. So if your child does not have an alarm clock or a school jumper or proper black leather shoes maybe they can have a trip to Yeronga uniform shop to ensure that they are properly attired for school in Term 2. Otherwise the inevitability of detention awaits.
Kingsgrove North High School Uniform

Junior Girls' Dress Code
Maroon/Grey/Blue overcheck school skirt or navy blue UNIFORM tailored slacks or navy blue tailored shorts
Light blue shirt with school crest (with option of school tie in winter)
White ankle socks.
Black enclosed leather shoes - not sneakers for safety requirements in practical lessons.
Maroon jumper with the school crest.
Blue School jacket
White hijab where appropriate.
White or navy neck scarf in winter

Senior Girls Dress Code
Grey tailored UNIFORM slacks, or skirt
White blouse with school crest (with school tie in winter)
White ankle socks or black stockings.
Maroon jumper with the school crest.
Black Leather shoes – not sneakers for safety requirements in practical lessons.
Blue School jacket
Maroon school blazer (optional) or Special Jacket for Year 12 only.
White hijab where appropriate.
White or navy neck scarf in winter

Junior Boys’ Dress Code
Navy blue UNIFORM shorts or trousers
Light blue shirt with the school crest (with school tie in winter)
Navy blue long/short socks.
Black leather shoes – not sneakers for safety requirement in practical lessons.
Maroon jumper – jumper with school crest.
Blue School jacket
White or navy neck scarf in winter

Senior Boys’ Dress Code
Grey UNIFORM shorts or trousers
White shirt with school crest (with option of school tie in winter).
Grey long/short socks.
Black leather shoes – not sneakers for safety requirement in practical lessons.
Maroon jumper with school crest.
School jacket
Maroon school blazer (optional) or Special Jacket for Year 12 only.
White or navy neck scarf in winter.

On Monday, Wednesday, Thursday and Friday:
You must wear fully enclosed, laced up, leather school shoes. If you don’t wear fully enclosed leather shoes you will not be able to participate in some Science and Mandatory Technology activities.

On Wednesdays and PE lessons:
You must wear fully enclosed sport shoes that cover the ankles. Canvas shoes are not sport shoes.
MEASLES, MUMPS AND RUBELLA HIGH SCHOOL-BASED CATCH-UP VACCINATION PROGRAM 2014

Many teenagers and young adults are catching measles, especially while travelling abroad or from someone who has brought the disease into Australia from overseas.

WHO IS AT INCREASED RISK?
Teenagers and young adults are at higher risk of measles, mumps and rubella (MMR) because many of them missed one or both of their routine MMR vaccinations as infants and/or the second dose of MMR vaccine was not included on the National Immunisation Schedule during their childhood. Up to 2 in 5 students are not fully vaccinated against measles, mumps and rubella (MMR). Teenagers and young adults are also likely to travel for schoolies or other holidays to countries where measles is more common, including Thailand, the Philippines and Bali.

NSW Health has identified a need to offer a high school-based catch-up MMR vaccination program in a number of selected NSW high schools.

WHAT CAN YOU DO?
Our school has been identified as possibly having a high number of students who have not received MMR vaccination. Two doses of MMR vaccine provide life-long immunity. The local Public Health Unit will be offering one dose of free MMR vaccine to students in Years 7-12 starting in the 2014 3rd term. Parent Information Kits will be sent home soon and parents should:

- read the information provided
- check your child’s vaccination records
- complete the consent form if you would like your child to be vaccinated and return the signed consent form to school

Parents can check your child’s immunisations in their Blue Book or ask your GP. If parents are unsure or unable to find their child’s records, it is safe for your child to receive another dose of MMR vaccine.

After vaccination, a Record of Vaccination will be given to children and parents should inform your GP that MMR vaccine has been given. If this is the child’s first dose of MMR vaccine, you should contact the GP to arrange for your child to receive a second dose of free MMR vaccine in 4 weeks’ time.

WHAT IS MEASLES?
Measles is a very infectious virus that is spread by coughing and sneezing and causes fever, cough and a rash. Measles is often a severe disease that has complications such as middle ear infection, lung infection, and diarrhoea. Measles infection during pregnancy can cause in miscarriage and premature delivery. Brain inflammation can result in permanent brain damage.

WHAT IS MUMPS?
Mumps is an infectious disease causing swollen neck glands and fever. One in five male teenagers/adults with mumps develops inflammation of the testes. In females, mumps infection in the first three months of pregnancy may cause miscarriage. Mumps can sometimes cause fertility problems, permanent deafness and brain inflammation.

WHAT IS RUBELLA?
Rubella, also known as German Measles, is an infectious disease causing rash, fever and swollen glands. A number of patients develop bruising or bleeding and many develop brain inflammation. Infection in the first three months of pregnancy will result in nine out of 10 babies having a major congenital abnormality, such as deafness, blindness or heart defects.

Why is vaccination important?
MMR VACCINE IS SAFE AND HAS BEEN USED FOR OVER TWENTY YEARS. ANY LINK BETWEEN MMR VACCINE AND AUTISM OR OTHER HEALTH CONDITIONS HAS BEEN DISPROVEN BY MANY STUDIES AND EXPERTS.

IF YOUR CHILD IS IN YEAR 12 AND YOU ARE CONCERNED ABOUT THE TIMING OF THE VACCINATION CLINIC AND YOUR CHILD’S PERFORMANCE IN THE HSC TRIALS/EXAMS, YOU CAN TAKE YOUR CHILD TO THE GP TO BE VACCINATED AT A LATER DATE. IT IS IMPORTANT TO ENSURE YOUR CHILD IS FULLY VACCINATED FOR MMR BEFORE HE/SHE TRAVELS OVERSEAS AND/OR ENROLLS IN A HIGHER EDUCATION COURSE.

Where can I get more information?
More information will be provided in the Parent Information Kits that will be sent home soon. Additional information is available on the NSW Health website at...

You need to take extra care when driving and parking in school zones. Please ensure that you understand the road rules and that your child understands how to behave safely around school zones. Please be a good role model for your child's pedestrian and future driving behaviour.

If you break the traffic rules in a school zone you are putting children at risk.

Safety tips for drivers around school zones.

- Always drop-off or pick-up your child from suitable and legal parking spots, even if this means walking further away from the school.
- Never double park.
- Never park across a pedestrian crossing.
- Never perform a U-turn in close proximity to the school, or over double lines, or on the pedestrian crossing.
- Make sure all children in the car use the footpath-side door (safety door) when getting in and out of a car.
- Always ensure children are secured in their appropriate for age child restraint. Preferably seat children in the back seat of a car for safety.
  Penalty: Unrestrained child $304 & 3 demerit points
- Make sure the hand brake is applied when the vehicle is stationary.
- Make sure everything is organised before coming to school so that the drop off is as fast as safely possible.
- Ensure items in the car are safely in the boot or on the floor
Parking and Traffic Rules – Choosing Safety over Convenience

NO STOPPING

What does it mean?
You cannot stop in this area FOR ANY REASON.

Why is it there?
To keep sight lines clear for drivers AND children so both have more time to avoid crashes.

Penalty - $304.00+ 2 Demerit Points (School Zone)

NO PARKING

What does it mean?
You can stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. You must stay within three metres of your vehicle at all times.

Why is it there?
To provide a safe place for older children to be set down and picked up without endangering other children.

Penalty - $169.00+ 2 Demerit points (School Zone)

BUS ZONE

What does it mean?
You must not stop or park in a bus zone unless you are driving a bus.

Why is it there?
To provide a safe place for large buses to set down and pick up school children.

Penalty - $304.00+ 2 Demerit Points (School Zone)

Other Traffic Rules

Pedestrian Crossings including Children’s Crossings
You must not stop within 20 metres before or 10 metres after a pedestrian crossing.

Why is it there?
To ensure that children can be clearly seen by vehicles approaching the crossing.

Penalty - $409.00 + 2 Demerit Points (School Zone)

Footpaths & Nature Strips
You may not stop on any footpath or nature strip, or even a driveway crossing a footpath or nature strip FOR ANY REASON.

Why is it there?
You could easily run over a child or force pedestrians onto the road to get around you.

Penalty - $169.00 + 2 Demerit points (School Zone)

Intersections
You must not stop within 10 metres of an (unsignalised) intersection

Why is it there?
To ensure that there is a clear view of vehicles and children crossing the road at the intersection.

Penalty - $236.00

Double Parking
You may not stop on the road adjacent to another vehicle at any time; even to drop off or pick up passengers.

Why is it there?
Double parking forces other cars to go around you causing traffic congestion and reduces the view of drivers and children crossing the road.

Penalty - $304.00 + 2 Demerit points (School Zone)

Driveways
You may stop over the entrance of a driveway to pick up or set down passengers, but you may not wait there or leave your vehicle unattended.

Penalty - $169.00 + 2 Demerit points (School Zone)

Fines as at July 2013